

## Grunthal Pool Swim Lesson Conversion Chart

If you are in Red Cross Level	Register for Swim for Life Level	Class Time
Salamander	Preschool	30 Min
Swim Kids 1	Swimmer 1	30 Min
Swim Kids 2 & 3	Swimmer 2	30 Min
Swim Kids 4	Swimmer 3	45 Min
Swim Kids 5 & 6	Swimmer 4	45 Min
Swim Kids 7 & 8	Swimmer 5	45 Min
Swim Kids 9	Swimmer 6	60 min
Swim Kids 10	Rookie/Ranger Patrol	60 min

If you are in YMCA Level	Register for Swim for Life Level	Class Time
Lil Dippers Program	Preschool	30 Min
Otter	Swimmer 1	30 Min
Seal & Dolphin	Swimmer 2	30 Min
Swimmer	Swimmer 3	45 Min
Star 1	Swimmer 4	45 Min
Star 2, 3	Swimmer 5	45 Min
Star 3, 4	Swimmer 6	60 min
Star 5, 6, 7	Rookie/Ranger Patrol	60 min